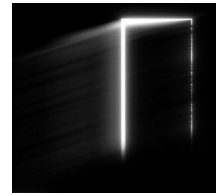


Mary Catherine "Cathy" Miller

Certified Hypnosis Practitioner

214-228-0370



What is Hypnosis?

Hypnosis is simply being open to suggestion. The hypnotic state of mind is a completely safe and natural level of consciousness that we enter effortlessly multiple times within an average day. Mindlessly driving home unaware of surroundings, becoming completely immersed in a song or video, or being captivated by thought are all examples of the naturally occurring hypnotic state.

Through the gentle guidance of a qualified hypnotist, a state of relaxed, focused awareness can enhance communication with the inner self and help to facilitate desired positive change and improvement.

Code of Ethics

A responsible hypnotist provides competent services with concern for the client's welfare and respect for their dignity while maintaining professional integrity. The client's well-being is the prime concern of the adept hypnotist.

Release Statement

I have been advised of the scope of hypnosis practice and I give my full consent to receive hypnosis sessions by Mary Catherine "Cathy" Miller for the purposes outlined in this intake form and for future purposes that I may request.

I understand that hypnosis is not a replacement for traditional medical treatment or psychological/psychiatric services. I also understand that the hypnotist does not treat, prescribe for, or diagnose any condition.

I am aware and understand that in some cases it may be necessary for the practitioner to respectfully touch my shoulders, hands, or wrists in order to assist me in relaxation. I give the practitioner permission and consent to do so in order to help me to establish a beneficial state of hypnosis.

I understand that the success of my hypnosis depends greatly on my own ability and desire to create change in myself. I understand that results vary and that the above named practitioner may not guarantee results.

I will be on time for appointments and take responsibility for creating positive change as desired for my life.

Signature

Date

Guided Meditation * Hypnosis * Spiritual Teaching

NurseHealer.com

ParanormalSpiritualConsultant.com